

## SUPPLEMENTARY MATERIALS

*Full text of the items in the Czech version of the Developmental Crisis Questionnaire (DCQ-12)*

Item #	Czech version	Original version (Petrov et al., 2022)
item 1	Pochybuji o sobě a o svém životě více než obvykle.	I have been questioning myself and my life more than I normally do.
item 2	Mám pocit, jako by můj život ztratil směr.	I feel like my life has lost direction.
item 3	Prožívám silnější negativní emoce než obvykle.	I have been experiencing stronger negative emotions than normal.
item 4	Přemýšlím o tom, že život nemá smysl.	I have been thinking that life is meaningless.
item 5	Cítím jistotu v tom, co mám udělat, abych v životě uspěl/a. (R)	I have been confident about what I need to do to make it in life. (R)
item 6	Mám pocit, že mám svůj život pod kontrolou. (R)	I have been feeling in control of my life. (R)
item 7	Můj život mi připadá stabilní a předvídatelný. (R)	My life feels stable and predictable. (R)
item 8	Mám pocit, že mám dostatek zdrojů pro to, abych se vypořádal/a s jakoukoli výzvou, kterou mi život přinese. (R)	I have felt that I have had the resources to deal with any challenges that life throws at me. (R)
item 9	Ve svém životě prožívám období změn.	I am experiencing a time of transition in my life.
item 10	Procházím zásadním životním zlomem.	I am passing through a major turning point in my life.
item 11	Zpochybňuji sebe a svůj život víc než obvykle.	I have been questioning myself and my life more than I normally do.
item 12	Všiml/a jsem si, že se změnil způsob, jakým přemýšlím o svém životě.	I have noticed that the way I have thought about my life has changed.

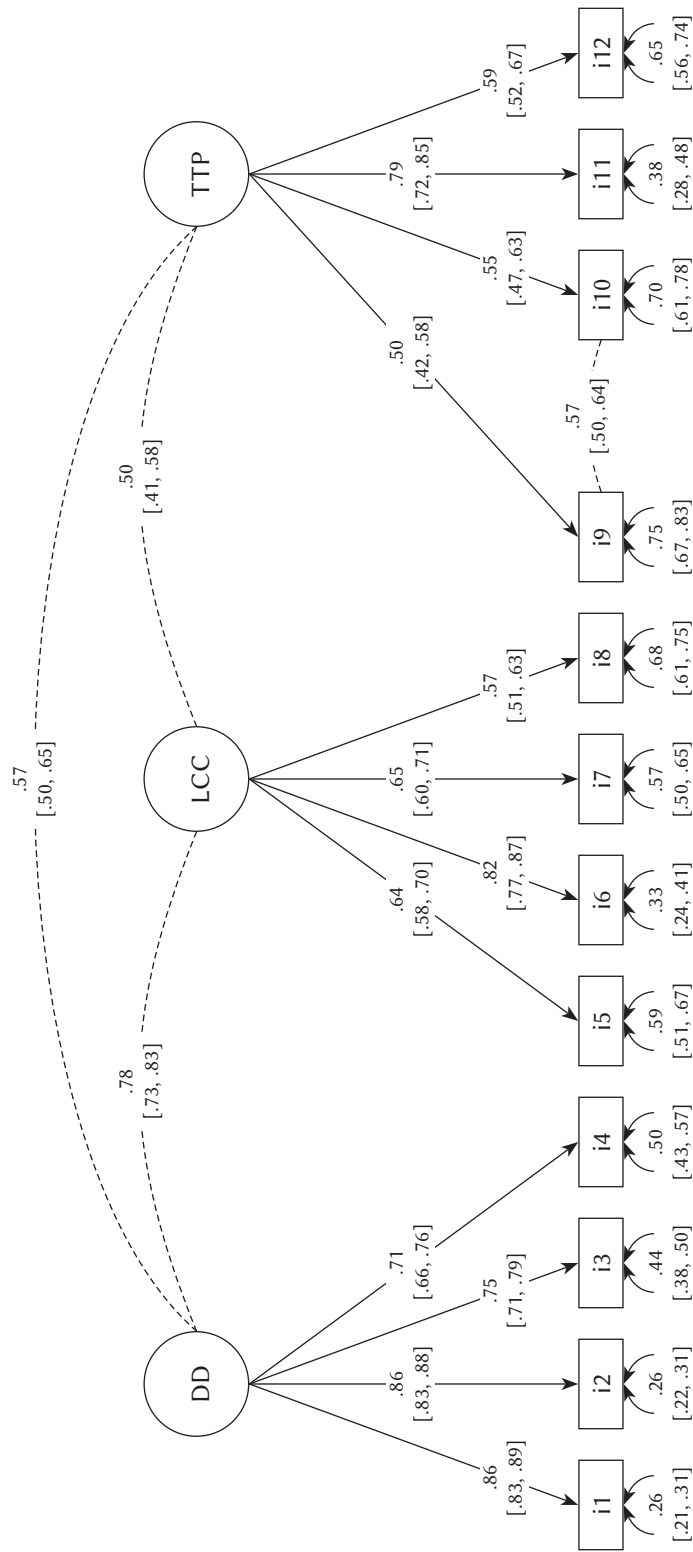
Note. (R) – reverse-coded item.

**Scoring:**

All items are evaluated on a 5-point Likert scale ranging from 1 (*strongly disagree*; in Czech: *výrazně nesouhlasím*) to 5 (*strongly agree*; in Czech: *výrazně souhlasím*). Disconnection and Distress (in Czech: *Odpojení a distres*): sum of items 1, 2, 3 and 4; Lack of Clarity and Control (in Czech: *Nedostatek jasnosti a kontroly*) sum of items 5, 6, 7 and 8; Turning Point and Transition (in Czech: *Bod obratu a tranzice*): sum of items 9, 10, 11 and 12.

**Figure S1**

*Confirmatory factor analysis model of the DCQ-12*



Note: Edge labels display standardized coefficients with 95% confidence intervals in square brackets. DD – Disconnection and Distress, LCC – Lack of Clarity and Control, TPP – Transition and Turning Point. Nodes with labels from “i1” to “i12” represents items of the Developmental Crisis Questionnaire (DCQ-12).

**Table S1***Correlations of the DCQ-12 and its subscales with other variables*

Variables	Pearson correlations				Disattenuated correlations			
	DCQ Total	DCQ DD	DCQ LCC	DCQ TTP	DCQ Total	DCQ DD	DCQ LCC	DCQ TTP
DCQ-DD	.87** [.85, .89]				.99			
DCQ-LCC	.80** [.78, .83]	.65** [.61, .69]			.97	.79		
DCQ-TTP	.73** [.69, .76]	.40** [.34, .46]	.33** [.26, .39]		.97	.54	.47	
SWLS	-.63** [-.67, -.59]	-.66** [-.70, -.62]	-.64** [-.68, -.60]	-.22** [-.29, -.15]	-.72	-.76	-.78	-.30
PSS	.73** [.69, .76]	.71** [.67, .74]	.66** [.61, .70]	.38** [.32, .44]	.81	.80	.79	.51
PHQ-Total	.71** [.67, .74]	.72** [.69, .76]	.59** [.54, .63]	.38** [.31, .43]	.79	.82	.71	.50
PHQ-D	.73** [.70, .76]	.79** [.76, .81]	.62** [.57, .66]	.34** [.28, .41]	.84	.91	.76	.47
PHQ-A	.58** [.53, .62]	.56** [.51, .61]	.47** [.42, .53]	.35** [.28, .41]	.69	.67	.60	.49
RSES	-.66** [-.70, -.62]	-.67** [-.71, -.63]	-.64** [-.68, -.59]	-.28** [-.34, -.21]	-.74	-.76	-.77	-.37
GSES	-.46** [-.51, -.40]	-.47** [-.52, -.41]	-.53** [-.58, -.48]	-.11* [-.18, -.04]	-.51	-.53	-.63	-.15
MOS-Total	-.40** [-.46, -.34]	-.45** [-.51, -.39]	-.38** [-.44, -.32]	-.13* [-.19, -.05]	-.43	-.49	-.45	-.16
MOS-EIS	-.38** [-.44, -.31]	-.42** [-.48, -.36]	-.38** [-.44, -.31]	-.10* [-.17, -.03]	-.44	-.50	-.47	-.14
MOS-TS	-.34** [-.40, -.27]	-.37** [-.43, -.3]	-.30** [-.36, -.24]	-.14* [-.21, -.07]	-.39	-.42	-.37	-.19
MOS-AS	-.33** [-.39, -.26]	-.37** [-.43, -.31]	-.31** [-.37, -.24]	-.09* [-.16, -.02]	-.37	-.43	-.38	-.13
MOS-PSI	-.37** [-.43, -.31]	-.42** [-.48, -.36]	-.34** [-.41, -.28]	-.12* [-.18, -.04]	-.48	-.56	-.48	-.18
MLQ-Total	-.65** [-.69, -.61]	-.64** [-.68, -.60]	-.58** [-.63, -.53]	-.34** [-.40, -.28]	-.72	-.71	-.68	-.45
MLQ-PM	-.62** [-.66, -.57]	-.66** [-.70, -.62]	-.63** [-.67, -.59]	-.20** [-.27, -.13]	-.76	-.81	-.83	-.29
MLQ-SM	-.42** [-.47, -.36]	-.36** [-.42, -.30]	-.29** [-.35, -.22]	-.35** [-.41, -.28]	-.45	-.39	-.33	-.44

Note.  $N = 761$ . DCQ – Developmental Crisis Questionnaire (DD – Disconnection and Distress, LCC – Lack of Clarity and Control, TTP – Transition and Turning Point), SWLS – Satisfaction with Life Scale, PSS – Perceived Stress Scale, PHQ – Patient Health Questionnaire (D – Depression, A – Anxiety), RSES – Rosenberg Self-Esteem Scale, GSES – General Self-efficacy Scale, MOS – MOS Social Support Survey (EIS – Emotional-Informational Support, TS – Tangible Support, AS – Affectionate Support, PSS – Positive Social Interactions), MLQ – Meaning in Life Questionnaire (PM – Presence of meaning, SM – Search of meaning). The square brackets show 95% confidence intervals. Disattenuated correlations are correlations corrected for imperfect reliability according to the formula  $r_{dis} = r_{xy} / \sqrt{r_{xx} r_{yy}}$ , where  $r_{xy}$  is the original correlation;  $r_{xx}$  and  $r_{yy}$  are reliabilities. \* $p < .01$ , \*\* $p < .001$ .

**Table S2***Prevalence of developmental crisis across gender and age group*

Age group	Presence of developmental crisis	Full sample	Women	Men
		<i>n</i> (%)	<i>n</i> (%)	<i>n</i> (%)
19-29 years	Crisis present	142 (33.9)	108 (37.6)	34 (25.6)
30-39 years	Crisis present	28 (19.4)	24 (22.2)	4 (11.4)
40-49 years	Crisis present	14 (13)	12 (15.6)	2 (6.5)
50-59 years	Crisis present	5 (5.7)	2 (4.3)	3 (7.3)
Full sample	Crisis present	189 (25)	146 (28.2)	43 (17.9)

Note.  $N(19-29 \text{ years}) = 419$ ,  $N(30-39 \text{ years}) = 144$ ,  $N(40-49 \text{ years}) = 108$ ,  $N(50-59 \text{ years}) = 87$ . Non-binary group ( $n = 3$ ) was excluded from analysis due to small size.

**Figure S2***Mean scores of the Developmental Crisis Questionnaire depending on gender and age*