

SUPPLEMENTARY MATERIALS

Table S1*Differences between the female and male groups*

Variables	Female (<i>n</i> = 223)		Male (<i>n</i> = 127)		<i>t</i>	<i>p</i>
	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>		
Depression	2.27	0.60	2.24	0.55	0.44	.659
General procrastination	2.78	0.56	2.79	0.46	-0.20	.845
Decisional procrastination	2.81	0.93	2.86	0.92	-0.44	.661
Adaptive perfectionism	58.90	16.42	56.91	16.57	1.08	.279
Maladaptive perfectionism	82.52	30.12	78.41	25.80	1.29	.199
Self-discipline	2.97	0.57	3.01	0.51	-0.69	.493

Table S2*Bootstrapping standardized indirect effects with 95% confidence intervals in the female and male groups*

Model pathways	Female group				
	Point estimates	Standard error	95% CI		<i>p</i>
			Lower	Upper	
MP – self-discipline – GP	0.292	0.048	0.205	0.397	.001
MP – self-discipline – DP	0.315	0.041	0.241	0.403	.001
AP – self-discipline – GP	-0.113	0.035	-0.184	-0.049	.001
AP – self-discipline – DP	-0.122	0.037	-0.199	-0.052	.001
MP – DP – depression	0.035	0.023	-0.005	0.088	.084
AP – DP – depression	-0.015	0.012	-0.048	0.002	.083
MP – self-discipline – DP – depression	0.039	0.024	-0.006	0.089	.093
Model pathways	Male group				
	Point estimates	Standard error	95% CI		<i>p</i>
			Lower	Upper	
MP – self-discipline – GP	0.158	0.063	0.038	0.283	.013
MP – self-discipline – DP	0.214	0.065	0.101	0.362	.001
AP – self-discipline – GP	-0.014	0.026	-0.080	0.030	.442
AP – self-discipline – DP	-0.019	0.034	-0.095	0.042	.447
MP – DP – depression	0.102	0.044	0.030	0.208	.005
AP – DP – depression	-0.069	0.031	-0.143	-0.018	.007
MP – self-discipline – DP – depression	0.069	0.027	0.027	0.137	.001

Note. MP – maladaptive perfectionism; AP – adaptive perfectionism; GP – general procrastination; DP – decisional procrastination.