

SUPPLEMENTARY MATERIALS

Table S1

Descriptive statistics for, and correlations between, measures collected in the study

	M	SD	ω	Alien	External	Auto	EnvM	Grow	Self-accept	Purpose	PosRel	Self-esteem	SWLS	Stress
Authentic living	5.18	0.88	.82	-.44	-.39	.56	.45	.45	.34	.27	.39	.37	.17	-.02
Self-alienation	3.10	1.23	.89	.66	.66	-.52	-.56	-.43	-.48	-.39	-.49	-.53	-.25	.29
External influence	3.36	1.13	.85			-.60	-.41	-.29	-.33	-.28	-.35	-.37	-.18	.24
Autonomy	4.88	0.94	.59				.51	.41	.38	.30	.44	.38	.16	-.14
Environmental mastery	4.88	0.94	.65					.57	.59	.42	.59	.53	.34	-.23
Growth	4.98	0.87	.59					.44	.44	.50	.55	.42	.23	-.09
Self-acceptance	4.44	1.08	.71							.26	.50	.71	.54	-.19
Purpose	4.60	1.02	.48								.43	.26	.12	-.15
Positive relations	4.92	1.07	.69									.43	.29	-.13
Self-esteem	3.34	0.70	.82										.43	-.22
SWLS	3.90	1.16	.88											-.26
Stress	2.92	0.78	.79											

Note. For $N = 825$, $|r| < .07$, $p < .05$; $|r| < .09$, $p < .01$.