

SUPPLEMENTARY MATERIALS

Table S1

Personality facet descriptive statistics, reliability, and correlations with self-satisfaction domains

	M	SD	Men		Women		S	K	α	t	p	Cohen's <i>d</i>							
			M	SD	M	SD						FSS	CSS	FSS	SSS	PSS	ESS	ASS	SC6
EX1	12.67	2.16	12.66	2.04	12.67	2.23	-0.44	-0.22	.69	-0.02	.988	-.00	.44*	.32*	.34*	.33*	.45*	.28*	.55*
EX2	9.59	3.24	9.86	2.99	9.43	3.36	0.10	-1.02	.78	1.42	.157	.13	-.01	.05	.01	.08	.08	-.01	.06
EX3	12.37	2.54	12.85	2.50	12.10	2.52	-0.36	-0.60	.80	3.17	.002	.30	.27*	.13	.25*	.21*	.19*	.19*	.31*
EX4	12.96	2.35	12.91	2.52	12.98	2.25	-0.88	0.95	.69	-0.34	.735	-.03	.35*	.24*	.38*	.29*	.34*	.18*	.45*
NE1	8.70	2.97	8.15	2.80	9.01	3.02	0.40	-0.52	.78	-3.10	.002	-.29	-.38*	-.24*	-.27*	-.32*	-.40*	-.25*	-.47*
NE2	9.25	3.00	8.56	2.80	9.64	3.04	0.36	-0.48	.77	-3.90	<.001	-.37	-.38*	-.23*	-.27*	-.38*	-.39*	-.26*	-.48*
NE3	9.34	2.69	8.91	2.49	9.58	2.77	0.20	-0.47	.69	-2.64	.008	-.25	-.23*	-.04	-.17*	-.27*	-.22*	-.09	-.26*
NE4	7.86	3.00	7.49	2.90	8.06	3.04	0.63	-0.38	.83	-2.01	.045	-.19	-.41*	-.13	-.30*	-.46*	-.42*	-.27*	-.52*
SS1	8.81	3.29	9.90	3.36	8.20	3.09	0.35	-0.79	.74	5.63	<.001	.53	.09	-.02	.08	.11	.04	-.06	.05
SS2	12.56	2.29	12.52	2.26	12.58	2.31	-0.57	0.06	.55	-0.27	.786	-.03	.05	-.05	-.04	-.01	-.01	.04	-.00
SS3	10.15	2.50	10.73	2.43	9.82	2.49	0.19	-0.46	.63	3.88	<.001	.37	.03	-.07	.01	.07	.00	-.08	-.01
SS4	9.80	2.12	9.82	2.02	9.79	2.17	-0.04	0.14	.37	0.14	.884	.01	.08	-.02	-.01	.10	.01	.02	.04
AG1	7.02	2.32	7.60	2.57	6.69	2.11	1.20	1.50	.62	4.25	<.001	.40	.05	-.02	-.07	.04	.09	-.06	.01
AG2	10.06	2.84	10.35	2.69	9.90	2.91	-0.07	-0.66	.63	1.69	.092	.16	-.01	.12	.01	.01	-.06	-.07	.00
AG3	8.67	2.66	8.26	2.63	8.89	2.66	0.37	-0.17	.68	-2.54	.011	-.24	-.13	-.17*	-.20*	-.09	-.21*	-.20*	-.25*
AG4	8.09	2.38	7.90	2.42	8.19	2.36	0.31	-0.68	.56	-1.31	.190	-.12	-.14	-.12	-.21*	-.09	-.16*	-.18*	-.23*
AC1	9.02	2.96	8.77	3.01	9.16	2.92	0.22	-0.47	.77	-1.39	.165	-.13	.22*	.07	.07	.07	.18*	.21*	.21*
AC2	10.61	2.93	10.37	2.88	10.74	2.95	-0.05	-0.54	.75	-1.34	.181	-.13	.20*	.07	.09*	.13	.18*	.14	.21*
AC3	9.54	2.57	9.87	2.54	9.35	2.58	0.27	-0.23	.61	2.13	.034	.20	.12	-.07	.03	.10	.11	-.07	.05
AC4	12.45	2.36	12.36	2.47	12.50	2.30	-0.65	0.56	.73	-0.62	.537	-.06	.33*	.16*	.12	.13	.26*	.28*	.33*

Note. S = skewness; K = kurtosis; α = Cronbach reliability coefficient; CSS = competence self-satisfaction; FSS = family self-satisfaction; SSS = social self-satisfaction; PSS = physical self-satisfaction; ESS = emotional self-satisfaction; ASS = academic self-satisfaction; SC6 = overall self-satisfaction; EX1 = positive emotions; EX2 = social warmth; EX3 = exhibitionism; EX4 = sociability; NE1 = anxiety; NE2 = depression; NE3 = dependency; NE4 = low self-esteem; SS1 = thrill and adventure seeking; SS2 = experience seeking; SS3 = disinhibition; SS4 = boredom susceptibility; AG1 = physical aggression; AG2 = verbal aggression; AG3 = anger; AG4 = hostility; AC1 = work compulsion; AC2 = general activity; AC3 = restlessness; AC4 = work energy. * *p* < .001. Significant values of the *t*-test and Cohen's *d* are boldfaced.

Table S2*Correlations of SC-6 and ZKA-PQ measures for men and women*

	CSS	FSS	SSS	PSS	ESS	AS	SC6	EX	NE	SS	AG	AC
CSS	1	.27*	.42*	.51*	.51*	.45*	.76*	.43*	-.49*	.17	-.15	.29*
FSS	.17*	1	.36*	.25*	.34*	.24*	.60*	.35*	-.23*	.05	-.06	.17
SSS	.23*	.27*	1	.30*	.55*	.28*	.69*	.47*	-.31*	.07	-.16	.25*
PSS	.39*	.15*	.23*	1	.44*	.24*	.67*	.39*	-.55*	.17	-.18	.18
ESS	.41*	.24*	.27*	.49*	1	.42*	.79*	.45*	-.42*	.14	-.11	.35*
ASS	.40*	.13	.22*	.30*	.29*	1	.65*	.30*	-.28*	.07	-.24*	.27*
SC6	.65*	.55*	.56*	.68*	.73*	.62*	1	.57*	-.53*	.16	-.22*	.37*
EX	.34*	.20*	.28*	.29*	.36*	.19*	.43*	1	-.32*	.32*	-.14	.36*
NE	-.43*	-.16*	-.32*	-.40*	-.46*	-.28*	-.54*	-.34*	1	-.11	.37*	-.08
SS	.03	-.12	.00	.06	-.04	-.07	-.05	.32*	.03	1	.16	.25*
AG	-.03	-.08	-.19*	.04	-.16*	-.16*	-.15*	.04	.30*	.22*	1	.03
AC	.29*	.02	.01	.12	.18*	.13	.19*	.33*	-.01	.42*	.08	1

Note. SC-6 – Self-Satisfaction Scale; ZKA-PQ Zuckerman-Kuhlman-Aluja Personality Questionnaire; CSS – competence self-satisfaction; FSS – family self-satisfaction; SSS – social self-satisfaction; PSS – physical self-satisfaction; ESS – emotional self-satisfaction; ASS – academic self-satisfaction; SC6 – overall self-satisfaction; EX – extraversion; NE – neuroticism; SS – sensation seeking; AG – aggressiveness; AC – activity. * $p < .001$. Correlations for women are below the diagonal.

Table S3

ANOVA, scores by age groups for self-satisfaction measures

		<i>M</i>	<i>SD</i>	<i>F</i>	<i>p</i>	η^2
CSS	18-25	3.92	0.77	0.57	.634	.004
	26-35	4.04	0.66			
	36-45	3.90	0.78			
	46-60	3.90	1.09			
FSS	18-25	4.13	0.99	1.40	.242	.009
	26-35	4.24	0.88			
	36-45	4.43	0.84			
	46-60	4.29	0.85			
SSS	18-25	3.98	0.82	0.63	.598	.004
	26-35	3.92	0.69			
	36-45	3.90	0.81			
	46-60	3.76	0.77			
PSS	18-25	3.68	0.89	1.34	.260	.008
	26-35	3.89	0.86			
	36-45	3.60	0.98			
	46-60	3.76	0.94			
ESS	18-25	3.81	0.97	2.36	.070	.014
	26-35	4.10	0.87			
	36-45	3.88	0.88			
	46-60	4.14	0.96			
ASS	18-25	3.87	0.96	0.05	.987	.000
	26-35	3.85	0.96			
	36-45	3.85	0.92			
	46-60	3.81	0.81			
SC6	18-25	23.38	3.50	0.70	.553	.004
	26-35	24.03	3.07			
	36-45	23.55	3.54			
	46-60	23.67	4.32			

Note. CSS – competence self-satisfaction; FSS – family self-satisfaction; SSS – social self-satisfaction; PSS – physical self-satisfaction; ESS – emotional self-satisfaction; ASS – academic self-satisfaction; SC6 – overall self-satisfaction.